

**Groundbreaking  
Course**



**香港耀能協會  
康復專業學院**  
SAHK Institute of Rehabilitation Practice

感覺統合訓練及專業培訓中心  
Sensory Integration Training and Professional Development Centre

## Sensory Toileting Program Organized in Hong Kong

# 3-EVENING ONLINE PROGRAMME ON INTEGRATED SENSORY TOILETING® (IST®)

The Role of the Occupational Therapist in Functional Defecation Disorders  
and Toilet Use Participation Issues

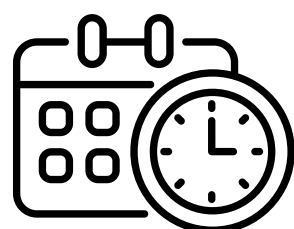


**Presented by:**  
**Dr. Isabelle  
Beaudry-Bellefeuille**

**APPLY NOW**



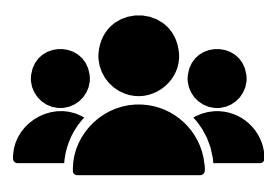
Course Code: CA-25B-03



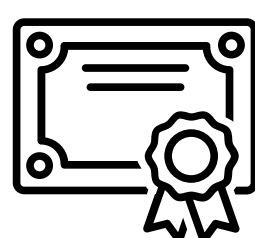
**13, 14, 15 Jan 2026**  
(3 consecutive evenings)  
07:00 – 10:00 pm (HK Time)



**Live Streaming (Zoom)**  
**with Q&A Session**



**Target: Occupational Therapist**  
**Accreditations: CPD-OT: 9 points**



**Attendance at ALL 3 sessions is  
required to receive a certificate**



**Course Fee: HKD\$2,900@**  
**Early Bird\*: HKD\$2,600@**  
(\*Payment made on or before 2 Jan 2026)





## Description:

Integrated Sensory Toileting® (IST®) is a comprehensive, evidence-based approach to intervention for difficulties linked to functional defecation disorders and participation in toilet routines. IST® was developed by Dr. Isabelle Beaudry-Bellefeuille, PhD, OT(C) and is anchored in occupational therapy, Ayres® sensory integration, and multidisciplinary collaboration with other healthcare professionals.

## Course Outline (Tentative):

### Block 1 (3 hours)

- Fecal incontinence and toilet refusal issues
- Physiology of defecation
- Review of Conventional Assessments and Interventions

### Block 2 (3 hours)

- Assessment and Introduction to Clinical Reasoning
- Workshop and discussion with clinical cases
- Evidence-based clinical reasoning considering all underlying factors

### Block 3 (3 hours)

- Treatment
- Video demos of treatment



## About Speaker

Dr. Isabelle Beaudry Bellefeuille is a Canadian-born occupational therapist specializing in pediatrics and sensory integration, with over 30 years of experience advancing these fields in Spain. She holds degrees from McGill University, Virginia Commonwealth University, and the University of Newcastle (Australia), as well as advanced training in neuroscience and sensory integration.

Founder and director of the Clínica de Terapia Ocupacional Pediátrica Beaudry-Bellefeuille in Oviedo. Her research focuses on sensory aspects of toileting and daily life participation in children and has published multiple books and articles on sensory integration and IST®.

Isabelle founded the Spanish Sensory Integration Association and helped establish Spain's first school-based occupational therapy program. She has taught extensively at Spanish universities and international courses.