

2-DAY ARTZT-CERTIFIED COURSE ON

IASTM FASCIAL THERAPY WITH FAZER by ARTZT vitality®
Instrument-Assisted Myofascial Therapy for Physiotherapists

course code: AE-24A-07

Course Description

This **2-day (14 contact hours)** course gives available evidence on the device-based treatment with updated theoretical insight. Participants will work on various techniques of the instrument-assisted fascia therapy that is quick to apply, easy to grasp, and produced immediate promising results.

What you will learn?

- Understand the structure, neurological functions, mechanical properties and biomechanics of fascia
- Introduction of the Fazer tools, techniques and their physiological effects
- Classification, treatment goals, selection & application, and precautions & contraindications of the techniques
- Practicum with demonstration on real patient



Presented by



WONG Che-loong

RPT(HK, Australia, Malaysia)

- certified Graston IASTM practitioner (USA) since 2012
- ARTZT-accredited Master Trainer of FAZER technique (Germany) since 2019
- deliver IASTM & FAZER courses for PTs since 2014
- working in public and private sectors for over 25 years

Venue

Date & Time

29-30 June 2024 (Sat-Sun)
09:30 – 17:30

Free 1-hour online talk "Instrument-Assisted Soft Tissue Mobilisation" on 1 Jun 2024 (Sat) at 13:00 (see annex 1)

Continuing
Rehabilitation Centre, SAHK
G/F, Tung Wong House, Tai Hang Tung Estate, Shek Kip Mei Estate, Kln



Scan to
register to
the course

Target: Physiotherapist

Accreditations#: CPD-PT: **10** points

Certification#: issued by ARTZT

subject to **FULL** attendance

Registration Fee

Course + Instrument (see annex 2) bundle: **\$11,500**

Course only: **\$5,000** (early bird on or before **14 June 2024**): **\$4,500**



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Annex 1

Free online introductory talk on
“Instrument-Assisted Soft Tissue
Mobilisation” by WONG Che-loong

Date: **1 June 2024 (Sat)**

Time: **13:00 – 14:00**

Accreditation: **1 CPD point**



Online talk participants who enroll to the 2-day certification Course will get an extra **\$300** discount for subscribing the ‘Course + Instrument bundle’ (see cover sheet)

The Fascia

Previously, fascias were seen as ‘packing material’ that encased and padded muscles, bones & organs. This talk will cover recent studies on the physiological and biomechanical properties of fascias in our musculoskeletal and neurological systems. Their crucial roles in proprioception, maintaining body alignment, and coordinating muscle contraction and force transmission will be covered. We will also share evidence-based updates of IASTM practice for promoting soft issue quality and break down adhesion to alleviate pain and improve function.

Testimonials

Dr Robert SCHLEIP, international Roling instructor, “The instrument-assisted fascial therapy with FAZER is a challenging method for relieving fascial tension. It allows more detailed work than would be possible with the hands”

Ute Lmhof, specialist in pediatric physiotherapy of Norway, “The tools make my treatment more effective in terms of getting a bigger range of motion, less pain and better body awareness in a short space of time. There is often a sudden release and the patient feels spontaneously better. Fazer-tools are comfortable to use for my fingers and make treating deep tissue very easy”

Remark: E-certificate will be issued after successful attendance and submission of course evaluation.



Scan to register to
the online talk

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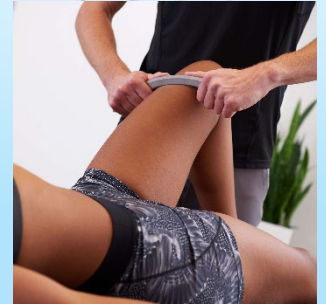
Instrument-Assisted Myofascial Therapy for Physiotherapists

Annex 2

The Course (see cover sheet) + Instrument Bundle
at a special fee of **\$11,500@** (shipping included)

We recommend you to register on or before **14 June 2024**
so that you can collect the instrument set at the course.

Online introductory talk (see Annex-1) participants who
enroll to the 'Course + Instrument bundle' will get an extra
\$300 discount



The FAZER

The European pioneer of the instrument-assisted fascial therapy that is developed based on research findings and has been commonly adopted by fascial therapy practitioners since 2008. The FAZER techniques and instruments are portable, provide flexibility for home and field applications, quick to apply, and easy to grasp and produce rapid and positive results in clinical practice.



The Bundle Instrument Set

The ARTZT vitality® includes:

FAZER 1: 'Dolphin' or 'Whale'

FAZER 2: 'Boomerang'

FAZER 3: 'Fingers'

FAZER 4: 'Thumb'

+ instrument bag, treatment ointment, cleaning cloth

Retail price **€849** per set + shipping

Website: <https://artztthepro.com/en/products/fazer?variant=44447585108269>