

SAHK

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Introduction: Parents, who suffer from great pressure, are considered as the most important persons on daily care and training of children with disability in early childhood.

SAHK operates Special Child Care Centers to provide intensive caring and training for young children with various types of disabilities and their families. The ultimate goal is to form a solid foundation for children's development and integrate into the society. CE is adopted in these settings and parents are considered as a critical partner in fostering home training for maximizing the training effect.

Since 2009, SAHK introduced the 'Level-4 (Standard) Group Triple-P' developed in Australia, as a support to parents. The program aimed to enhance their confidence and competence in establishing a positive parent-child relationship, reducing child behavior problem and also increasing appropriate behavior. In a randomized controlled study, Leung, Fan & Sanders (2013) demonstrated strong evidence that the 'level-4 Group Triple-P' was an effective and feasible intervention program for our parents.

The positive interfacing between CE and Triple-P was found in promoting the Triple-P for parents. The concept and program contents of Triple-P are largely in-line with the core beliefs of CE, which benefits the children, their parents and the staff as well.

Aim: This paper attempted to demonstrate the interface between the core beliefs of CE and Triple-P, which including (1) child-centered; (2) extend education and rehabilitation to daily life; (3) proper environment setting; (4) induce motivation of children and parents; (5) transdisciplinary team work, etc.

Conclusion: Triple-P as an effective and feasible parent intervention program with evidence-based support can be used within the CE framework in early education setting. Both CE and Triple-P help parents to adopt a more positive parenting style, which benefits the children's development and their families as a whole.

References:

Cynthia Leung, Angel Fan & Matthew R. Sanders (2013). The effectiveness of a Group Triple P with Chinese parents who have a child with developmental disabilities: A randomized controlled trial. *Research in Developmental Disabilities*, 34(3), 976–984.



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