

SAHK

Citation: Hung, C. K. (2017). *Joyful working and happy living*. Abstract of the 9th Congress on Conductive Education, Budapest, Hungary.

Introduction: For individuals in need of continuing care after graduated from schools, employment and residential services are two rails of the ladder for their upward mobility.

Aim: SAHK established a longitudinal system comprising different levels of employment and residential services that provide an extended route for the school leavers to actualize stepwise upward mobility.

Methods: Production work is a motivating factor for sustaining engagement among young adults. There seems to be a positive effect of being employed on their subjective well-being. In sheltered employment, work is modified and organized in a structured environment that maximizes their potentials while assuming an employee's role.

Living in hostels located in public estates with provision of inclusive activities and participation in public events are tactics to improve their pattern of social interactions and develop their roles in the community. Self-care skills (personal, domestic and community) are reinforced in real-life settings ranging from care centers to independent home with increasing freedom and responsibilities.

Results and Conclusion: After reaching adulthood, it becomes more important to focus on our clients' abilities rather than disabilities and on their competency to make use of their capacity to participate in work and self-care. They should be given the autonomy to make choices for themselves and the opportunities to interact not only with friends, but also with strangers.

Once an adult client has demonstrated reasonable competency in relevant work skills, s/he can be engaged in supported employment in form of laundry services, souvenir shops and cafés serving the general public with more sophisticated job duties and higher income.

Upward mobility in residential placement is based on the competency in personal, domestic and community self-care. At the top (independent home), 2-3 clients form a squad for sustainable living in a flat in public estate with district people as their neighbors.



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