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Citation: Cheng, V. Y. K., Su, I. Y. W. and Cheng, C. H. K. (1998). *Quality of Life of Cerebral Palsied Adults in Hong Kong*. Abstracts of the 11th Rehabilitation International Asia and the Pacific Regional Conference (pp.11). Hong Kong.

The Spastics Association has adopted a holistic approach to the adult services. The ultimate goal of our habilitation system is to enhance the upward mobility of cerebral palsied (CP) adults through the process of personality development which is founded on their self-concept and personal values. The whole system aims at promoting the clients' level of independence through vocational, residential and recreational routes. Each route consists of centers of different levels. A higher level center places a higher demand on its clients, providing them with more diverse person-environment interactions. To examine such person-environment interactions within a holistic context, the conceptualization of "the quality of life" (QOL) serves as a useful indicator. QOL is defined as "an individual perception of his/her position in life and in relation to his/her goals, expectations, standards and concerns". The former refers to an individual's self-concept while the latter refers to his/her personal values. The discrepancy between the two is a measure of the client's QOL. To examine the different person-environment interactions of CP adults, a study was conducted by comparing their QOL in the centers of different levels. 80 CP adults (aged above 18) with good comprehensive ability participated in the study. The findings provide valuable information for evaluating the holistic approach adopted in the association.



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