

# SAHK

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Integration or “back to the main-stream” has been one of the ultimate goals of our rehabilitation program. For young disable adults, integration may mean to be working in open employment, to have a home of their own in a public housing estate cubicle, to enjoy the benefits of public facilities, or to participate in community activities as do their normal counterparts. Supported hostels were set up with the aim of providing one kind of residential care for those disable persons who can manage semi-independent living but still require a fair amount of assistance in some domestic tasks or community living activities. When the Spastics Association of Hong Kong planned its first supported hostel for the physically handicapped adults, we took it as a “passageway”, bridging semi-independent and independent living for this particular group of clients, and aimed to provide an opportunity for further integration. The presentation delineates how the structured physical set up of a support hostel (hardware) and a series of training packages (software) help the physically handicapped adults to achieve their aspiration of going independent and integrating into society.



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