

# SAHK

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The Spastics Association has run the domiciliary service in Hong Kong since 1980. The goals of this service are to upgrade the quality of life the home-bound disabled by maintaining their present functioning level and, secondly, to maintaining their present functioning level and, secondly, to relieve the family's burden by demonstrating handling techniques to the main caregiver. Most of our clients are suffering from neurological impairment such as cerebral palsy, stroke and spinal injury. All of them are referred from the Central Referral System For Disabled Adults, or from other agencies for rehabilitation. During assessment, therapists will formulate the treatment plan after examining the client's condition and discussing with the main caregiver. The type of service provided includes physical training, self care training, aids prescriptions, home modification and fabrication of splints. The treatment sessions will be carried out in the client's home on weekly basis. The client's progress is recorded by the therapists and reported to the caregiver as well. At the end of the treatment course, a questionnaire will be given to the caregiver in order to understand their opinions about this service for future enhancement of our service. As whole, most client and their caregivers agree that the domiciliary therapy service is worthwhile and should be expanded to all the home-bound disabled.



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