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Clients with neurological disorders such as cerebral palsy, Down's syndrome and muscular dystrophy are the main groups of multiply disable treated by The Spastics Association of Hong Kong. The association has provided services to these clients for more than three decades in the early 1980s, the association adopted the principles of Conductive Education in delivering our therapeutic, educational and vocational programmes. At present, more than 1,000 clients are receiving our services. Since the multiply disabled suffer from a lifelong disability, the scope of our habilitation services extends from the infant stage to adulthood. Due to the diversity of our services, it is essential to have an overall picture of the different groups of clients with regard to their distribution and their upward mobility. Upward mobility refers to an improvement of the client's level of independence and is a process toward normalisation. In this preliminary survey, the distribution of the types of our clients and their next placement after discharge were documented. The finding provide guidelines for the association in the planning of future directions, modifying existing programmes, establishing research areas and planning the distribution of future resources.

