

SAHK

Citation: Lam, J. Y. L., Cheng, V. Y. K. and Su, I. Y. W. (1997). *Development of Self-concept in the Cerebral Palsied Adults*. Book of Abstracts of Hong Kong International Occupational Therapy Congress (pp. 84). Hong Kong.

The negative life experience of many cerebral palsied adults have results in an ‘inferiority complex’ which is internalized to form a ‘dysfunctional personality’. This personality makes them more and more out of step with the community. One of the major goals of our habilitation programs is to integrate the cerebral palsied into the community with an optimal personality. The establishment of a positive self-concept is definitely critical in our training. The general self-concept of a person is subdivided into individual self-concept and interpersonal self-concept. Individual self-concept is mainly derived from the skills and achievement obtained in work, self-care and play domains. Interpersonal self-concept is mainly derived from the responsibilities and relationship identified in different situations. Our training programs can broadly be divided into two groups: motor task series and social task series. Motor task series promotes physical and cognitive development from which skills and achievements are emerged. The skills and achievement contribute to an image enhancement which in turn facilitates the establishment of the individual self-concept. On the other hand, social task series enhance social and psychological development from which appropriate roles in specific situations are identified. This contributes to the establishment of the interpersonal self-concept. These training programs should go in fine with the daily routine programs. The skills and achievement together with the appropriate role performance equipped our clients with the abilities to prepare for the challenges in daily events. Opportunities are provided for the clients to have a random practice of the learnt skills and roles in different environments including workshop, hostel home and community settings. Positive experience and appropriate attitude can be obtained from the problem solving activities in the daily conflicts. The integration of the self concepts with the experience and attitude under a structured environment will lay a foundation for a healthy personality development.



17/F, 21 Pak Fuk Road
North Point, HK
香港北角百福道
21 號 17 樓

PHONE 電話
FAX 傳真
EMAIL 電郵
WEB SITE 網此

(852) 2527 8978
(852) 2866 3727
ho@sahk1963.org.hk
www.sahk1963.org.hk